

# HELP YOURSELF

Here's an old gardener's tip to blanch cauliflower heads so they will be tender and evenly coloured. To do this, run a length of twine between two stakes so that it may be looped once around the gathered outer leaves of each plant, thus enclosing the heads and sheltering them from the rays of the sun. This should be done when the heads are about  $1\frac{1}{2}$  to 2 inches in diameter.

\* \* \* \*

When waxed paper is used to wrap sandwiches, cake, etc., for lunch boxes, or for other purposes where it is desirable to exclude as much air as possible, you can seal the package with a hot knife. Merely heat an old knife or other piece of flat metal and run it over the seams of the paper.

\* \* \* \*

A half teaspoon of borax dissolved in very hot water and added to the water in which glasses and silver are washed will make them sparkle.

\* \* \* \*

To remove oil and water from the bottom of a motor-boat, toss in a liberal amount of sawdust to soak up the oil and water, after which the sawdust can be scooped out with a trowel or other suitable tool.

\* \* \* \*

You can reduce the shine on clothing by rubbing the surface with a pressing cloth moistened in a mild vinegar solution, to raise the nap, after which the cloth is again moistened in the solution and used in the regular manner for pressing.

\* \* \* \*

Baby can use his crib for sleeping at night and for a play-pen in the daytime if a piece of hard-pressed board or plywood is cut to the size of the crib, and fitted into place on top of the slats. With the mattress removed during the day, the board makes a substantial floor for baby to play on, and the crib railing keeps him from falling out. He is also protected from the cold and drafts of the floor. When baby is sleepy, merely replace the mattress, and he can be put to bed.

\* \* \* \*

If you add a teaspoon of vinegar while cooking black-berry or fig jam the seeds will come to the top and can be skimmed off.

Stop scrambled eggs from becoming watery after cooking by adding a little corn-flour to the milk before cooking ( $\frac{1}{2}$  level teaspoon), to 3 eggs, and  $\frac{1}{2}$  cup milk is sufficient.

\* \* \* \*

When making sandwiches of meat, meat paste, cheese, etc., include a sprinkle of crushed potato crisps with the fillings. This makes the sandwiches much more interesting and crisper to bite.

\* \* \* \*

If you have a bird, cut seven pieces of white paper to fit into the cage, once a week. Each day lift out the top one, and at the end of the week give the cage a thorough clean. It is surprising what a time saver this is, and also how clean the cage will be.

\* \* \* \*

Light-coloured outer garments don't require dry cleaning too often if you rub them frequently with cotton wool, at the collar, down the front and at the cuffs. You will see on the cotton wool how effective this treatment is.

\* \* \* \*

To clean artificial flowers, place them in a cotton bag; pour in about a cupful of salt and shake for a few minutes.

~~~~~



Little Debbie Ballangarry