

When the children grow older, they, too, will take part in family worship. Parents should make sure that this time together is interesting for the children. It is good to vary the programme from time to time. Some suggestions for family worship are given at the bottom of the page.

As well as worshipping at home together, *the family should worship together regularly in church.* There each member will realise that the little group which meets daily in the home is part of a much larger company of Christians—the body of Christ in all the world. “For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ” (1 Corinthians 12: 12).

The benefits of a happy Christian home are obvious to all. It is the place where love dwells, because Christ is there. It is, in the truest sense of the word, a home.

This kind of home cannot keep its happiness to itself! It flows out into the lives of others and is made a blessing to them. Above all, it is a witness for the Lord Jesus, showing something of His power and His love, and drawing other men and women to Him.

Is your home like that? It should be, and by God’s grace it can be. You can take the first step today by obeying the rules from God’s Word which have been set forth here. “*Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you*” (2 Corinthians 13: 11).

#### HOW TO HOLD FAMILY WORSHIP

1. Choose a regular time to hold family worship each day—either in the morning or evening.
2. The father will be the leader.
3. Family worship should be a happy gathering, but remember that it must be reverent, too.
4. Let the Bible be the centre of family worship. The Bible reading should be clear, careful, and brief.
5. Follow a definite course of Bible reading, either going through one book at a time—*e.g.* one of the Gospels—or choosing passages which contain great verses or prayers, or tell of important events and prophecies. Where there are children, it is good to use the Psalms.
6. With young children it is sometimes better to tell a Bible story instead of reading it, or to read from a Bible picture book, which will help to hold their interest.
7. Children should be allowed to ask questions if they wish. They can also recite memory verses.
8. Prayers should be short, and the children encouraged to take part.
9. Invite friends to share in your family worship when they are visiting your home.
10. Remember that the saying of grace before meals is part of family worship too!

## A CENTURY OF LIFE Mr. JACK COOK



Mr. Jack Cook (above), of Cabbage Tree Island, whose wife died recently, has been visiting relations in the Kempsey area.

Mr. Cook, who came to live at Cabbage Tree Island more than 70 years ago, is over 100 years old.

He was driven to Kempsey by one of his grandsons, Mr. Lewis Cook, who is an employee at a West Kempsey sawmill.

While on the visit, Mr. Cook visited another of his five daughters, Mrs. Anderson, at Nambucca Heads.

During his absence his son Walter, who was 70, died at Cabbage Tree Island.

Mr. Cook was born at Chatham, near Casino, and had a family of seven sons and five daughters. His eldest son is 85.

Mr. Cook’s parents died in his infancy and he was reared by a family named Cook, who lived near the Tuckean swamp.



A pretty little cottage